





Shopping Guide

Why a targeted boycott?

- U.S. consumer boycotts contributed to the downfall of apartheid in South Africa
- Since 2005, Palestinians have called on the international community to engage in consumer boycotts
- More than a way to reduce individual economic complicity
- Exercise collective power against strategically-selected targets
- · Proven and effective tactic

Why a food boycott?

By targeting Israeli food production companies, we:

- · Divest from food grown on stolen land
- Decrease funding for the apartheid regime
- Reduce economic support of occupation military forces

And anyone who buys food can participate!

BOYCOTT: These brands support the occupation and ethnic cleansing of Palestine

Beverages:

Coca-Cola Israeli wine (all)

Export companies:

Mehadrin MTex Arava Edom Agrexco

Import companies:

Sadaf

Dates:

Urban Platter Jordan River Delilah SincerelyNuts Star Dates Anna and Sarah Hadiklaim ShahCo Carmel

King Solomon

Tamara Barhi Mehadrin Food to Live

NavaFresh

Hummus:

Sabra hummus Tribe hummus Athenos hummus

Tahini:

Mighty Sesame Tahini Soom foods tahini

Produce exported from Israel (729 barcode)

Avocados Dates Potatoes Oranges Eggplants Carrots Peppers Grapes Figs

Herbs

Jaffa (Yafa) oranges Passion fruits Sharon fruits Grapefruits



ALTERNATIVES: Show solidarity by bringing the BDS movement to your dining table

Pro-Palestine Beverage Alternatives:

Drink Palestina Palestine Cola

BDS-Compliant Major Beverage Brands:

Faygo Adirondack
Frannie's La Croix
Cheerwine Jarritos
C and C Cola Jones Soda

Hummus:

Cedar's Mediterranean Foods Trazza foods Baba's hummus Al Wadi Al Akhdar **other locally-made brands**

Dates:

Ziyad Medjool Dates Sultan Medjool Sultan Rutab

Tahini:

Ziyad Tahini Al'Ard Tahini Beirut Tahini Al Wadi Al Akhdar